

Week #3

Total time 4 hours not including appointments

Action Steps

- ◆ Practice with a "live" person "**Chain of Life and Cell Presentation**" using Pro-Vitality Brochure
- ◆ Listen to CD#6316 **Salmon Oil**
- ◆ Continue making 2 calls per day to people on your list of names. Do three-way calling with sponsor to take to them to next step
- ◆ Continue adding names to names list in categories of health, money, time.
- ◆ Follow up with product customers and new team members setting up Kit Openings
- ◆ Continue reading "45 second" book

Personal

- ◆ Daily personal growth reading or CD's (30 minutes suggested)
- ◆ E-mail coach
- ◆ Tracking sheet
- ◆ GNLD Conference call
- ◆ Coaching Call

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