

## **Barbara Chaney**

9345 Rolling Acres Court Orangevale, CA 95662 Office: 916-247-4788

E-mail address - <u>babschaney@nsm.com</u> Website - www.gnld.net/healthyimage

In November 2003, I was the featured soloist for the Woodland Christian Women's Club and Marilyn Plumb was asked to be the featured speaker.

At the Women's club event I was so enthralled with Marilyn's testimony that I approached her with the question, "do you ever speak or demonstrate your product for ladies Bible studies?" I was thrilled when she said "yes."

On the scheduled March 2004 date, I was so ill I could not attend. I had been stricken again with the fifth sinus infection since November 2003 and on my fifth antibiotic. By this time, my PCP had referred me to an Ear, Nose and Throat Specialist. The specialist talked to me about considering sinus surgery.

Marilyn and her friend Chris Litton spoke at our Bible study and it was a GREAT hit! After the Bible study, Marilyn was so gracious to call to check up on me. Marilyn also told me how interested the ladies at the Bible study were to learn about health and nutrition. But I was so ill I didn't have the strength to talk to her. Marilyn could hardly hear me due to my voice being gone.

A few days later I was referred to a specialist (ENT) and she said, "a

virus had attacked the nerve in my left vocal cord along with a sinus and ear infection" and she also told me, "I had a bright red esophagus" due to GERD (acid reflex) which I had dealt with for ten years. The Specialist wanted to put my vocal cords to rest. She prescribed "no singing and no speaking." Stop singing was hard, but doable. But....no talking????

Meanwhile, Marilyn began and continued to educate me in good nutrition with the GNLD products and right away I began to see a huge difference in how I was feeling.

GNLD products began to make me even more curious. What's in all the medications I've been taking? I suffered for ten years with GERD (acid reflex) so I was prescribed Protonix (acid blocker.) I began to research Protonix and found out a person should not be on Protonix any longer than six weeks and I had been taking Protonix for over five years without the doctor or pharmacist ever questioning it. Also, I read about the many other side effects from Protonix. One that really got my attention was "Repeated Severe Sinus Infections."

That was enough for me! That day I discontinued taking Protonix.
Many years earlier when the GERD

was ongoing and I suffered greatly, the doctors would instruct me to do things like, do not eat after 6 pm, raise the head of your bed, no greasy foods, take Tums, etc. but nothing helped without the Protonix. Now Praise the Good Lord who made me and the GNLD, I no longer have to take Protonix and I don't have to worry about the hundreds of side effects that Protonix has that can make me ill in other ways. I have found a natural product GNLD that is from whole food such as fruits and vegetables. Just to mention one product for GERD and Acid Reflex and that product is called Beta-Gest and Enzyme Digestive Aid. This product was life saving for me!

On September 8<sup>th</sup>, 2004 the Ear, Nose and Throat Specialist checked me over and even to her surprise gave me a clean bill of health. She told me there's no infections and the vocal cords are working 100% and to add to the good news NO red esophagus and by the way my cholesterol has gone down. I am no longer taking any medications prescribed by the doctor except for my thyroid medication. I must take this medication because I no longer have a thyroid due to Grave's disease (Hyper-Thyroidism) nine years ago. I wish I had known about GNI D back then.

May I also say, at the age of 27 I came down with Sclerosing Cholangitis (liver failure disease), suffered from Ulcerative Colitis and Graves disease. Knowing what I know now from GNLD nutritional education, all these diseases are

caused by a weak immune system. Marilyn (thank God for her) began to teach me how to build my immune system. Praise God, I no longer suffer from any of these diseases. I love how God brings people into our lives to complete His work. Again, Praise God I feel better today at age 52 then I did at age 25!

I am so sold on GNLD that I want to share it with my friends and family. It has come into my life at a most wonderful time. Health and financially!

Thanks for allowing me to share my good news with you.

Barbara Chaney